



Everybody Welcome!

Join us to celebrate the 'Boot Camp for Camp Quality'
Fundraising Event

Sunday 20 June 2010
5.30pm or 7.00pm

Dinner Ticket—\$ 15.00
Includes Meal (full menu available) drink and a side
100% of the proceeds donated

Tickets

Available on the day or in advance via direct deposit

Name: Shaw Fitness

BSB 484 799

ACC 070240338

REF: Your name & Nandos

Raffles, Awards, Fun & Friendship!

More information check out the 2010 Focus on Fitness
Form which can be found on the Shaw Fitness website

www.shawfitness.com.au